



Behavioral Health Services

## **COMMUNITY COUNSELING & SUPPORTIVE SERVICES (CCSS)**



Community Counseling & Supportive Services (CCSS) is a short-term counseling program for Orange County residents of all age groups, who have or are at risk of developing a mild to moderate behavioral health condition. The program specializes in providing services to diverse communities including Lesbian, Gay, Bisexual, Transgender, Intersex, and/or Questioning (LGBTIQ+), deaf and hard of hearing and underserved ethnic communities.

## CCSS provides the following services:

- Screening & Assessment
- Individual Counseling
- Groups (Support & Educational)
- Case Management
- Referral and Linkage
- Community Outreach

## Please call us if you are experiencing any of the following:

- Often feeling irritable, sad, tearful or change in appetite
- No interest in activities you used to enjoy
- Isolating; not spending time with others as before
- Have unwanted negative thoughts about yourself or others
- Have recurring nightmares or fears that something bad is going to happen
- Experienced a negative event in your life



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To connect with the OC Health Care Agency's Behavioral Health Services Information and Referral Line, call (855) OC-Links (625-4657)